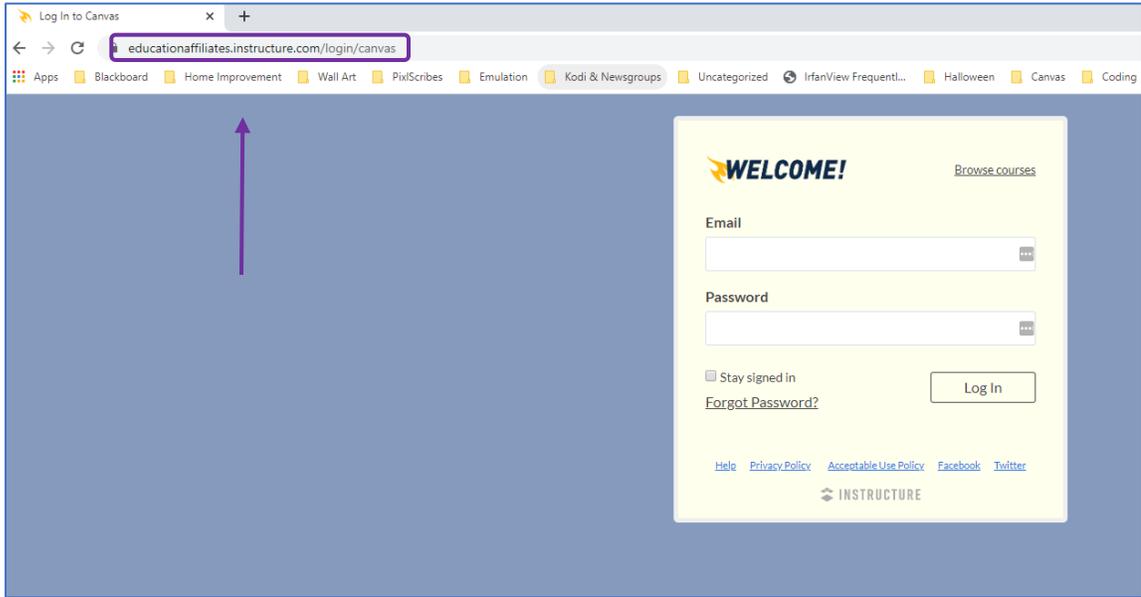


Student “Quick Start” Guide to Accessing Courses on Canvas

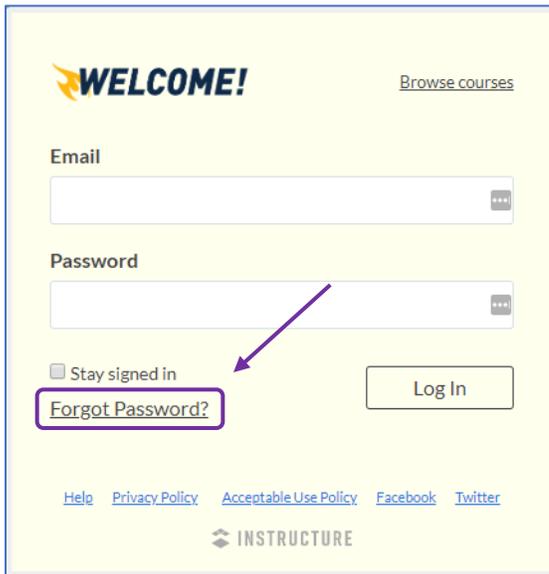
Overview: The goal of this guide is to show you how to access your online courses in Canvas with minimal frustration.

Getting Started

1. Open your browser (Firefox, Chrome, or Safari only) & go to: <https://fortis.instructure.com>



2. Click **Forgot Password?**



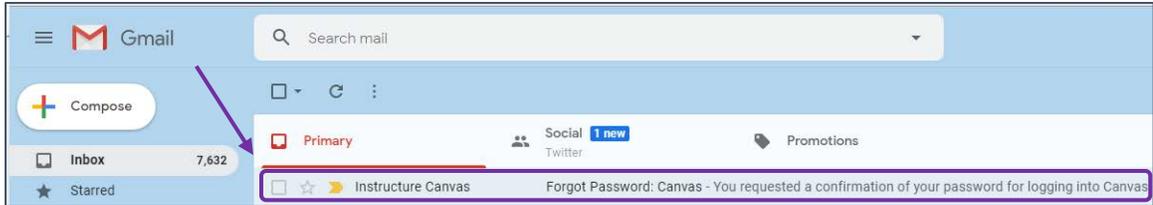
3. You're doing great! This next step is an important one, so please read and follow the instructions carefully. Enter the primary email address you provided to your school, then click **Request Password**. If you do not enter the correct email address, you will not receive an email.

The screenshot shows a yellow background with the 'WELCOME!' logo and a 'Browse courses' link. Below the logo, it says 'Enter your Email and we'll send you a link to change your password.' There is an 'Email' input field containing '1. demosstudent@demostudent.com'. Below the input field are two buttons: 'Back to Login' and '2. Request Password'. At the bottom, there are links for 'Help', 'Privacy Policy', 'Acceptable Use Policy', 'Facebook', and 'Twitter', and the 'INSTRUCTURE' logo.

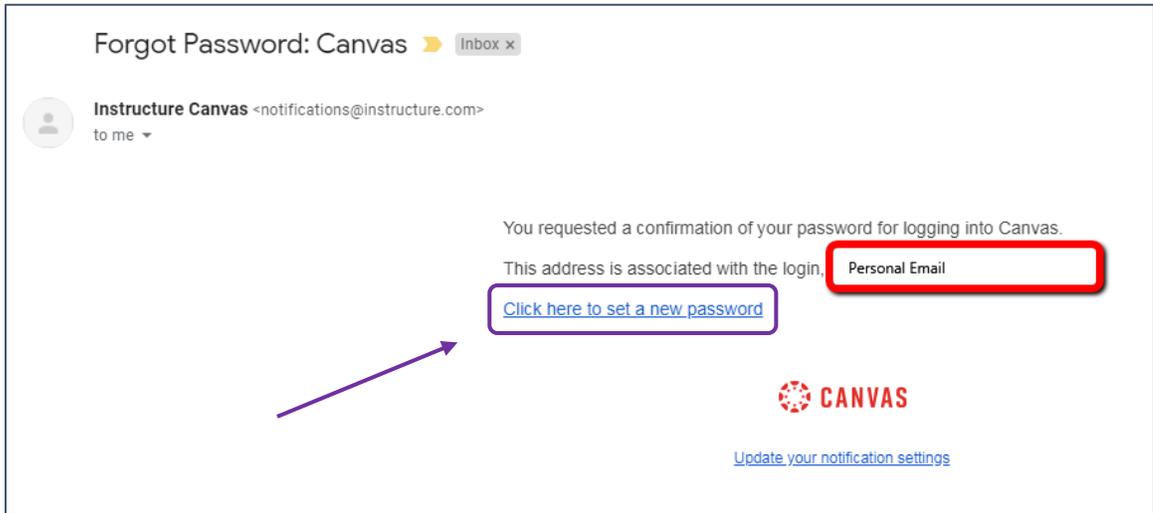
4. You will see a confirmation box appear at the top. Follow the instructions and be sure to check your spam/junk mail folder if you do not see the email in your inbox.

The screenshot shows a confirmation message at the top: 'Password confirmation sent to demosstudent@demostudent.com. Make sure you check your spam box.' Below the message is the login form. It has an 'Email' input field with a blacked-out email address, a 'Password' input field with dots, a 'Stay signed in' checkbox, and a 'Log In' button. There is also a 'Forgot Password?' link. At the bottom, there are links for 'Help', 'Privacy Policy', 'Acceptable Use Policy', 'Facebook', and 'Twitter', and the 'INSTRUCTURE' logo.

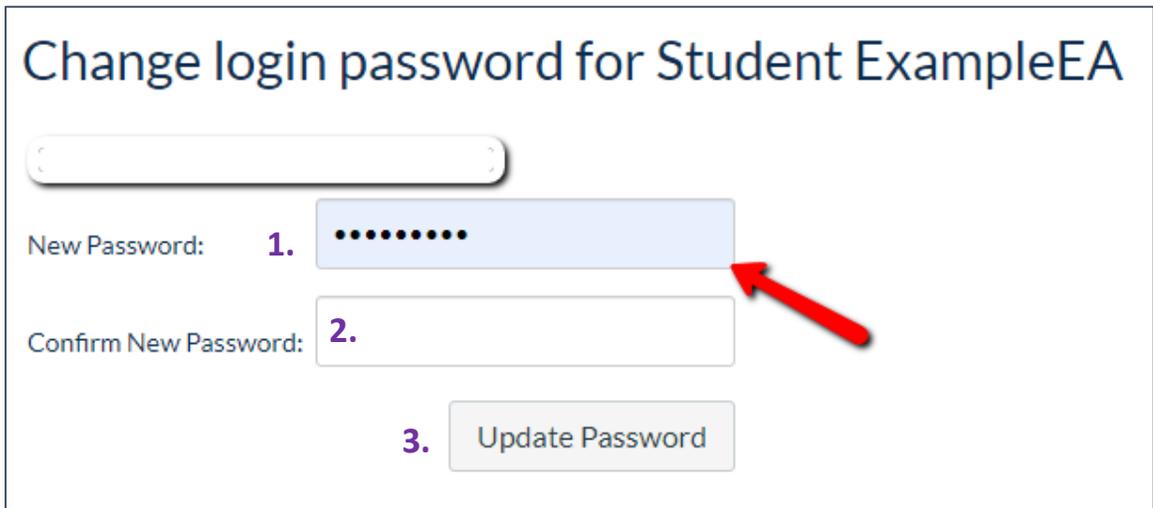
5. Go to your email's inbox and you should see an email from **Instructure Canvas** with **Forgot Password: Canvas** in the subject as shown below. Click to open!



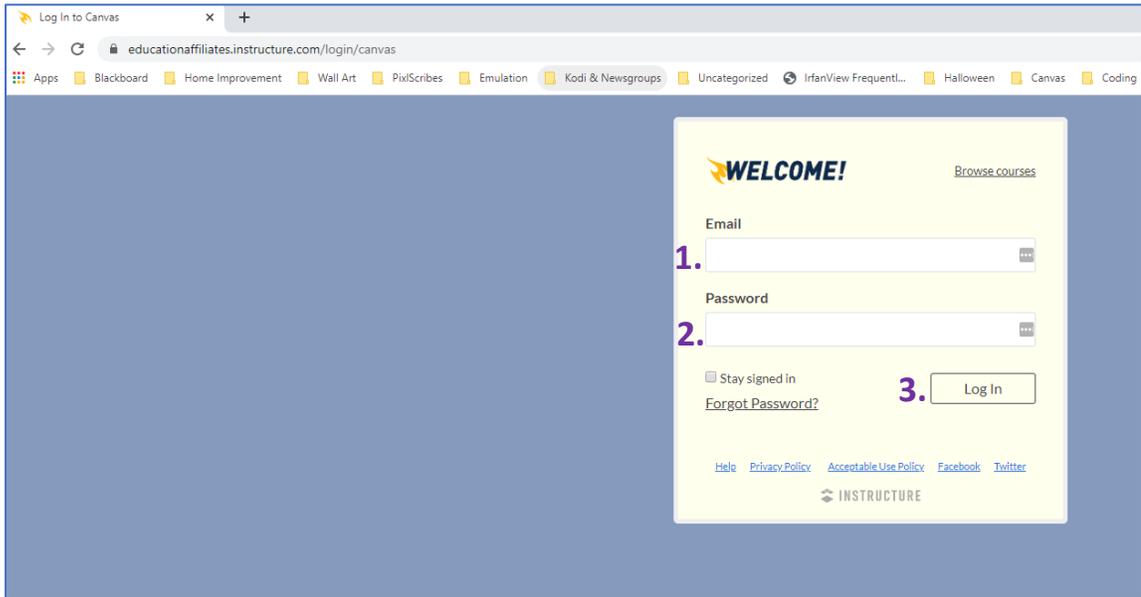
6. In the body of the email, you will see a link called **Click here to set a new password**. Don't be shy! Click the link.



7. In the browser window that appears, enter your new password. Your password must contain at least 8 characters. See [Creating Strong Passwords](#) for help on creating a password that is secure. Record your password in a secure location. Enter your password again in the **Confirm New Password** field, then click **Update Password**.



8. You will automatically be returned to the login page. Enter your **Email** and the **Password** you just created, then click **Log In** to access your courses. You did it!



9. **Having issues?** Call our Canvas Support Hotline at **1-410-617-9453** for assistance with your password. We are here to help!